

## YTWC Monthly Meeting Notes – May 17<sup>th</sup>, 2022

**Attendees: 26**

<b>Name</b>	<b>Organization</b>	<b>Role</b>
Daniel Norton Luna	Yurok Tribal Court (YTC)	Community Outreach Specialist, Hoh-ke-pek' program, Meeting Facilitator & Presenter
Ethan Makulec	Yurok Tribe Wellness Coalition (YTWC)	AmeriCorps VISTA, Meeting Presenter & Notetaker
Amanda Ammon	Yurok Tribe Office of Self-Governance (OSG)	Assistant Director
Amanda Colegrove	United Indian Health Services (UIHS)	Health Promotion and Education Manager
Ashley Gephart	Humboldt County DHHS – Public Health	Program Coordinator
Bessie Shorty	YTC	Youth At-Risk Program Manager
Caleb Hare	Bear River Band Tribal Courts - Victim Services Program	Victim Advocate
Casey O'Neill	Yurok Indian Child Welfare Act (ICWA)	Health and Human Services Community Navigator
Chelsey Castiglione	UIHS	Tribal Opioid Response Supervisor
Crystal Nielsen	Del Norte County Social Services	Program Manager
Elizabeth Thurston	UIHS	Health Promotion & Education Specialist, Ko'l Ho koom' Mo project
Holly Reed	Yurok Opioid Affected Youth Initiative (YOAYI)	Site Coordinator
Jessica Cedillo	YTC	Wellness Administrative Assistant
Julie Guerrero	Healthy Communities Substance Use Prevention Program	Unspecified
Laura Woods	YTC	Community Outreach Specialist
Lila Knott	YTC	Community Outreach Specialist
Lizzie Moore	Yurok Tribe Public Health Department (YTPHD)	Intern
Marie Decora	YTC	Wellness Outreach Counselor
Matthias Kassahoun Spero	National Park Service – Safety, Health, & Wellness program	U.S. Park Ranger
Melissa Banks	Ke'pel Boys and Girls Club	Program Lead
Mykia Washington	YTC	Victims of Crime Planner
Pepper Lopez	YTC	Diversion Case Worker
Rob England	UIHS	Tribal Public Health Director
Sean Milanovich	Riverside University Behavioral Health	Native America Liaison
Shannon Albers	Yurok Health & Human Services (YHHS)	Prevention Specialist
Shayna McCullough	YTC, Youth At-Risk Program	Youth Case Worker

### Elders Services Programs Review – Ethan Makulec

- TERO, Elder-Serving Projects – Manuel Sanchez
  - Day-labor training program not strictly an elders programs but focused on a lot of work that serves elders directly.
  - Provide services to help with tasks like garbage cleanup, yardwork, house repairs for elders. Looking to expand these services once approved for next fiscal year (10/1/22).

- Elders have been very thankful, and this program not only helps close gaps in services for elders but provides employment for members of the community who may otherwise struggle to find a job.
- YTC, Elder Advocacy Program – Ryan Fleisher, Emily Agredano
  - Provides assistance to elders facing abuse physically or financially, or through neglect/isolation. To be eligible, an elder must be an enrolled tribal member or related to an enrolled tribal member and must reside within Yurok reservation boundaries.
    - \* Definition of Elder: A citizen of the Yurok Tribe aged 55 or older, or a person residing on the Yurok reservation aged 55 or older to whom a tribal member owes a duty of care due to traditional or familial ties.
    - \* Definition of Vulnerable Adult: An adult aged 18+ who is unable to protect themselves from abuse, neglect, or exploitation. This includes people who are not able to make responsible decisions for themselves due to mental illness, age or physical disability issues, substance use problems, etc.
  - Services include transportation, emergency or temporary shelter, emergency utilities like propane, emergency health supplies, clothing, food, emergency relocations costs, cell phone, bus tickets, locksmith services, assistance in completing legal documents like divorce documents or custody forms.
    - \* Usually can only provide 1-3 days, 7 max for shelter in an emergency.
  - Tribal council approved adult guardianship code near end of 2021, which permits someone to act as a guardian for elder or vulnerable adult. This can include choosing a residence, managing financial resources or end of life conditions, help making legal decisions, etc., for which this program provides legal support
- YTC, Title VI Elder Nutrition Program – Laura Woods
  - Got the grant for this program right at the beginning of the pandemic so immediately had to figure out a way to deliver food to elders safely during the pandemic. Focused on the two least served areas: Weitchpec and Orick districts.
  - Have expanded services to include not just a hot lunch, but also a sack lunch for the next day to 80+ elders/week. As the pandemic eases up, lunches will always still be able to be delivered, but hoping to expand services to include in-person lunches and events for elders to socialize.
  - Dream is to eventually have an elders center at three different locations that are fully staffed for elders to go to for services like these and to just gather with other elders.
- YTC, Yurok Legal Access Center – Alanna Nulph
  - Assists with tribal and state court filings, wills, medical directive, taxation issues, mediation services, restraining orders, guardianships, etc.
  - Anyone who is part of a Yurok household or who has case in Yurok tribal court qualifies for these legal services
  - Contact info:
    - \* Mainline: 707-482-1350, YLAC Mobile Line: 707-951-6813
    - \* Email: [ylac@yuroktribe.nsn.us](mailto:ylac@yuroktribe.nsn.us)
    - \* Ryan Fleisher with YLAC specializes in Elder issues

- \* Alanna Nulph: anulph@yuroktribe.nsn.us
- Client Services Department, Elder Lifeways Events – Annelia Hillman, Madison Green
  - Elders lifeways events intended to bring Elders together to voice concerns around the opioid crisis and get feedback about their needs.
    - \* COVID slowed events like these down, but in-person events are happening again with spring fling events.
  - Providing tools regarding alternative pain management is a primary goal.
- YIHA, EEA and Rehab & Replacement Programs – Nicole Sager
  - Two projects in Crescent City & Hoopa with low-income elder rent assistance housing.
  - Elder Emergency Assistance Program: up to \$4,999 in assistance with a health and safety issue at an Elder's home.
    - \* Includes issues with water, power, handicap ramps, roofing issues, etc.
    - \* Elders do have to be low-income and age-eligible to qualify
  - Rehab & Replacement Programs:
    - \* Up to \$150,000 for rehab work, or \$200,000 for new construction
    - \* Rehab work: things related to handicap accessibility, bathrooms, flooring, appliances, windows, etc.
  - All YIHA programs are open to Elders, these are just the programs exclusive to Elders
- Yurok Forestry Department, Elder Wood Program – Dawn Blake, Kim Mamaradlo
  - Elders can request firewood by Facebook or by contacting Dawn or the forestry office to be delivered approximately half a cord of unseasoned firewood per household.
  - No income requirement change tripled the elder recipients within the service area.
- Potential Future of Elders Services
  - Establishing an elders division would be helpful for coordinating and expanding all current elders services. Ideally with its own email, phone number, workgroup, and eventually a building.
  - Funding could come from carbon credit dollars, grant money, self-governance money. For specific projects we could collaborate with the housing department or refer to how Hoopa has developed an Elders village.
  - Additional services suggestions include: allocating several elders advocates to each district, transportation assistance, a building/phone line that is fully staffed which could field phone calls from elders outside the area, long term care services, etc.
  - Continuing collaboration efforts and discussions like these especially important for developing and expanding these services in the future.
- Daniel: This conversation started just with the idea of dedicating a monthly coalition meeting to the impact of the opioid crisis on elders, and that then snowballed into a larger discussion of what elders' services are provided by the tribe currently, which then developed further into talking about what we would like to see from our elders' services. Our hope was that this coalition input could be shared with tribal council, but this snowballing has put us into a situation where we're sharing a lot of feedback that seems outside of the scope of what this coalition was established to do. This is a learning experience about staying within the scope of the coalitions purpose, but considering that we've done this work, is there anyone in

charge of elders' services who is willing to take on this conversation and putting it in front of council? At this point it doesn't seem right for the wellness coalition to be leading this particular step since that isn't our forte.

- Laura: I really appreciate all the work that has gone into this, and I think that the reason this committee has gotten stuck holding this bag is because we are in dire need of an entire elders services division. There is no home for that yet. By getting this information, it gives us ammunition to move it forward. It would be my request, since wellness is wellness, whether it is elders or youth or middle-aged there is a need, that maybe we could amend our gameplan for the coalition, or just hold onto this project temporarily while we get other things in order before we take it over. I'd be happy to be that person to coordinate that going forward.
- Lizzie: I will be meeting with Hollie from the public health office tomorrow, and I will make sure to let her know that it is maybe not appropriate for the wellness coalition to hold this project permanently. The public health office is currently deciding what issues to focus on, so I will definitely let Hollie know that the question was posed and that if elder care is something it is going to be focused on, that it should loop in with this information and see what it wants to take on.
- Daniel: Thank you. Laura, I'm happy to support you in however we can with these notes, even if its just archiving them for now, until we've got someone or until we decide as a coalition that we want to focus specifically on elders needs. I will talk a little bit more about that in the next steps of our strategic planning.
- Lori: I agree with Laura and Lizzie, we can hold a place for the elders in connection with the coalition. We hold a lot of hats, and these are people who always show up with the coalition, so having input on these ideas is a place where the coalition can come together without having to have separate meetings and networking. So I would like to hold a place on the agenda for an elders update.

### **Tribal Action Plan Review – Daniel Norton Luna**

- This Wellness Tribal Action Plan is a guiding document that has all our action plans from current and prior years, so it shows the history of our coalition in how its grown, what our focus has been, and how we've done in address each step. It is currently a very long document as it captures several years of work. Conducting strategic planning every summer helps to keep our action plans clear and succinct, and to keep track of the progress we have actually been making.
- YTWC Strategic Planning summer 2022:
  - May: Review progress and update action plans
    - \* Provide report for completed/uncompleted tasks to demonstrate what we accomplished from what we set out to accomplish.
    - \* Set new goals and continue work on unmet goals
    - \* Update roles.
  - June 2022: Update action plans
    - \* Present workgroup progress to coalition
    - \* Review mission, vision, and values to potentially include new issues within the scope of our coalition, like suicide or elders' services as we've discussed.

- \* Establish new workgroups or restructure/refocus old workgroups.
- July: Update Tribal Action Plan
  - \* Review the layout and storage of TAP – currently there is no TAP that is out there and available for the community to review.
  - \* Discuss how to make the projects and documents of the coalition more accessible to the public. Planning on posting meeting notes/recordings, action plans, project reports, etc. to the website.
- August: Submit to Tribal Council
  - \* Once we have gotten approval from tribal council, we can post the new TAP on the website.
- Lori: I do think we need to revisit the strategic planning conversation. The Wellness Village conversation has slowed down as we are waiting to hear back from the grant in September. Down the road we are still waiting to hear back from ODmap tools that we could potentially work with Tribal Police on. I know issues regarding elders or working with tribal police were on the table before but just got dropped, and I think that we can just throw it out there again to find out what people are passionate about. Youth and elders usually seem to rise to the top.
- Daniel: I agree that that would be a good conversation to have, we could do an exercise to determine what would be the most appropriate group. As we're mulling these ideas over we can connect throughout the month.
- Bessie: I like the idea of starting up new workgroups. We could do a survey in the next meeting to see what is needed, because there are new programs, new grants, and new outside agencies. We could focus on what we have funding for, and where we need funding to support community members.

### **Program Updates**

- Lori: since Salmon Festival is a ways down the road, I was wondering if this coalition would like to do a tri-fold board about what has been going on in the coalition with resources for the community to get involved in the coalition.
  - Salmon Festival Date: August 20<sup>th</sup>, 2022.
- Julie: May is bike month, so there is an event happening at the Jefferson school site in Eureka. Our substance use prevention program will be tabling there. If you have kids or want to check it out yourself I encourage it. This Saturday 11am – 2pm.
- Ashley: Live Well Humboldt data workgroup has been meeting since December to come together for the community health improvement plan. The priority areas are focused on suicide in our community, substance use, adverse child experiences/healthy beginnings, and housing/homelessness. The behavioral health and housing and homeless groups have met already, and the health beginnings/ACES conversation will be happening on June 10<sup>th</sup>. Happy to share an invite to that meeting. We share the data, the purpose of the workgroup is to come together to discuss what data connected to those priority areas is the most important to be looking at together, since this data informs policy development and work that we are doing. Also helps for identifying what data we are missing. Also want to bring an equity focus to this by breaking down that data in terms of race/ethnicity, gender identity etc. that gives us better view of what's going on in our community, such as tribal-specific data. A Community Health Improvement Plan should be published in September/October as a

baseline for the current state of all of our data and what we are doing about it. Looking for opportunities to work together on deliverables and support each other's work to help see the community thrive. The more voices the better.

- Casey: is anyone putting in for Home safe or HTAP funding? Assuming no if no one is jumping in. Question for Ashley: what are you defining as homeless?
  - Ashley: Good question. The data is limited right now to a point-in-time count, so that's really specific to the HUD definition. I also know Humboldt HCOE collects data around homeless in young people and do not use the HUD definition. We just want the information and don't care about the exact definition.
  - Casey: I would recommend the low-barrier approach as it makes it easier for people to access funds since there are so many conditions attached to the HUD definition, and it would be more accurate to what homelessness looks like in Indian country. For instance, young people living in other people's homes who do not have access to other housing, and who would not be able to work with HUD.
- Elizabeth: This Thursday, our health promotion and education team is hosting a cultural activity event that we host every month. This month's theme is going back to our roots on traditional healing with a new staff member. Open to all ages.

**Next Meeting: June 28<sup>th</sup>, 2022, 1 – 3pm**