

# YTWC Monthly Meeting Notes – November 16<sup>th</sup>, 2021

## Attendees:

Name	Organization	Role
Annelia Hillman	TANF	Project Outreach Manager Meeting Facilitator
Ethan Makulec	Yurok Tribe Wellness Coalition (YTWC)	AmeriCorps VISTA, Meeting Notetaker
Greg O'Rourke	Yurok Tribal Police (YTP)	Police Chief, Presenter
Lisa Rose Sanderson	Hoopa Tribal Court	Victims of Crime Program Director, Presenter
Amanda Ammon	Yurok Tribe Office of Self-Governance	Assistant Director
Amanda Colegrove	United Indian Health Services (UIHS)	Health Promotion and Education Supervisor
Amber Miller	Yurok Tribal Court (YTC)	Reentry Staff Attorney
Ashley Gephart	Humboldt County Department of Health & Human Services – Public Health Branch	Program Coordinator
Ben Moradi	YTWC	AmeriCorps VISTA
Casey O'Neill	Yurok Tribe, Human Services	Community Navigator
Daniel Norton Luna	YTC	Community Outreach Specialist
Erin Butler	YTWC	AmeriCorps VISTA
Hannah Lippe	Providence St. Joseph, CARE Network	Social Worker
Hollie Strahm	Yurok Tribe Public Health Department (YTPHD)	Public Health Officer
Jay Macedo	Yurok Tobacco Wellness Program	Evaluator
Jazmin Delgado	Unspecified	Unspecified
Jessica Wolsfeld	YTC	Veterans Wellness Coordinator
Lau-Lei Lawrence	Yurok Opioid Affected Youth Initiative	Prevention Specialist
Laura woods	YTC	Community Outreach Specialist
Lila Knott	YTC	Community Outreach Specialist
Lizzie Moore	YTPHD	New Intern Under Hollie Strahm
Lori Hodge	Yurok Tribal Council	Council Member
Lori Nesbitt	YTC	Opioid Program Manager
Macy Bommelyn	YTP	Police Records Office Manager
Madison Green	Client Services Department	Director
Manuel Sanchez	Tribal Employment Rights Office (TERO)	TERO Director
Marie Decora	YTC	Wellness Outreach Counselor
Melissa Banks	Ke'pel Boys ad Girls Club	Program Lead
Morgan Tracy	Hoopa Tribal Court	Victim Advocate
Mykia Washington	Self	N/A
Naome Workman	Del Norte County Behavioral Health	Program Coordinator
Patti McCovey	YTPHD	Case Investigator
Pepper Lopez	YTC	Diversion Case Worker
Rahmad Perry	California Rural Indian Health Board (CRIHB), Northern California TMAT	Health Education Specialist
Shayna McCullough	YTC	Youth Case Worker
Twila Sanchez	Yurok Health and Human Services (YHHS) Advisory Committee	YHHS Advisory Committee Member, Interested Elder
William Bowers	YTC	Associate Judge

## **Opioid Overview Presentation by Yurok Tribal Police Department**

- What is fentanyl? Synthetic opioid like morphine, but 50-100 times more potent.
  - Prescription pharmaceutical brand names: Sublimaze, Actiq, Duragesic
  - Current trend has fentanyl in pill form, specifically “Perc 30s” in which fentanyl powder is dyed and pressed into pills with identical stamps to prescription medication.
    - \* Bright colored pills are more inviting, makes it look more like a party drug than medicine-looking form of previous white aspirin-like pills for fentanyl
  - Dealers are appearing on snapchat and Instagram, making it harder to identify dealers and easier to buy opioids, and law enforcement still catching up.
  - Without a tolerance, 2mg is a lethal dose (~1-2 grains of salt amount) and can be lethal even when breathed in. 1 full gram of fentanyl is potent enough to kill about 2500 people.
- Symptoms of a fentanyl overdose: unconsciousness/inability to wake up, limp body, extreme drowsiness/falling asleep (“on the nod” since people can nod off to sleep mid-conversation), slow/shallow/irregular or no breathing, pale/blue/cold and/or clammy skin, slow/no heartbeat, very small/“pinpoint” pupils, choking/snoring/gurgling sounds due to difficulty controlling tongue muscles.
  - “OD triangle”: pinpoint pupils, respiratory depression, decreased consciousness
- What if I find fentanyl in my home? Do not handle it directly in any way due to lethal risk of exposure, and be careful of risks like uncapped needles, exposed fentanyl. Call 911 immediately and inform them of risk of fentanyl so they can come with proper PPE.
  - Good Samaritan law: a person will not be charged with use or possession crimes if they seek emergency medical assistance and act in good faith. This law DOES NOT protect against other crimes that may turn up like firearms charges, affiliating with felons, etc.
- Law enforcement is in the process of learning more about addiction studies, how it is a disease, and the unknown traumatic causes that may not be up to the individual.
- Body-cam video of officer responding to an overdose in Weld county.
  - Saving man’s life with Narcan after identifying overdose by witnessing snoring/gurgling noises, trouble breathing, pinpoint pupils, and non-responsive behavior.
  - Calm demeanor is vital during response to overdose, getting panicked/amped-up will spread to others in the room. Maintain calm to lower energy/tension in the room.
  - Find information about situation, whether others are around, presence of drugs
  - Many people awake from Narcan violently, why staying calm and reassuring as you talk to the person is important, also helps reduce panic of parents/others in the room
- Chief O’Rourke: Recommend carrying Narcan and learning how to use it due to how widespread the epidemic has become
  - Manuel Sanchez: interested in providing Narcan training for more departments.
- Daniel Norton Luna: any uptick in other substances besides opioids/fentanyl?
  - Chief O’Rourke: No significant new substances/upticks besides fentanyl coming in newer, more attractive, pill-popping forms.
- Erin Butler (in chat): Narcan training tomorrow 11/17 in Willow Creek.

## **Hoopa Tribal Court Victims of Crime Advocate Program by Lisa Sanderson**

- New grant has opened up room for planning new programs in the future, hiring new outreach coordinator, team member introductions

- Mission: Provide supportive services to survivors of crime in a manner that empowers the individual
  - “You don’t have to have filed a restraining order for us to help you”
- Eligibility: any person or child who is a victim of a crime within the boundaries of the Hoopa valley reservation. Recently has been expanded to include any/all crimes.
- Advocacy services: confidential emotional/moral support, conduct on-the-scene crisis intervention, act as liaison between victim and police/investigators/service providers, provide information and referral, help prepare victims for court and provide court advocacy/accompaniment, safety planning and client driven case management
- Legal assistance: help qualifying victims of crimes to receive assistance from an attorney in exercising their rights as they navigate legal matters like court hearings, protecting themselves/children/property, etc.
- Emergency supportive services: food gift cards, gas vouchers, cellphones, immediate short-term shelter, clothing gift cards, security lighting, lock and door replacement, transportation, relocation assistance.
  - When someone walks in door: take their info and check-in with them weekly
  - Don’t necessarily need police report, though it can be helpful, but they understand the reasons why someone may not want to file a police report.
- How to request services?
  - Step 1: Referral form or call: 1-833-682-4426
  - Step 2: email [hoopacourt.advocate@gmail.com](mailto:hoopacourt.advocate@gmail.com)
  - Advocate cell # 707-298-4930
  - Director cell # 707-862-4186
  - Have referral cards, brochures & posters
  - Please reach out with the resources you provide to get connected

### **Program Updates**

- Annelia: Elder drive throughs happening at several sites this week.
- Lori Nesbitt: Two positions open in tribal court, primarily in case management primarily, posted on HR page.
- Greg O’Rourke: Tulley Creek Office & Klamath will be receiving safe medication disposal bins that will be up and running in January.
- Annelia: Tobacco Wellness program still recruiting for two positions, also still recruiting for Opioid Affected Youth Coordinator position.
- Lau-Lei (in-chat): elder pie giveaway Thursday 11/18, EEE program on Wednesdays 11/17 Educational speaker is James Gensaw.

**Next Meeting: December 21<sup>st</sup>, 2021, 1 – 3pm**