



# Yurok Tribal Court

## Domestic Violence Restraining Order (DVRO)

### Instructions

### For One Adult – No Shared Children

#### Who Are These Instructions For?

These instructions are for **one adult** seeking protection from domestic violence. You can also use them if you want to protect children **who live with you but are not the children of the restrained person**.

If the restrained person **is the parent** of any child you want to protect, ask the Court Clerk or Yurok Legal Access Center (YLAC) for the **Multiple Parties DVRO Instructions**.

#### Forms You'll Need

Here's a list of forms to complete and what each one is for:

##### Required Forms

- **DV100TC** – Request for DVRO  
→ Main form to ask for protection.  
→ Leave Section 3 blank if you're only protecting yourself.
- **DV109TC** – Notice of Hearing  
→ Fill out Sections 1 & 2.  
→ The Court Clerk will add the hearing date.
- **DV110TC** – Temporary Restraining Order  
→ Fill out Sections 1–3.  
→ The judge will complete the rest.
- **DV130TC** – Restraining Order After Hearing  
→ Fill out Sections 1–3.  
→ Bring to your hearing or file with the clerk before the hearing; the judge will complete the rest.
- **DV200TC** – Proof of Personal Service  
→ Completed **after** someone serves the papers.

## Optional Forms

- **DV101TC** – Description of Abuse Attachment  
→ Use if you need more space to describe abuse.

## Blank Forms to Serve

- **DV120TC** – Response to DVRO  
→ Leave blank. Must be served on the restrained person.
- **DV250TC** – Proof of Service by Mail  
→ Leave blank. Must be served on the restrained person.

## Getting Help

You can:

- Ask for help from **YLAC staff** or a **Hey-wech-ek' Domestic Violence Advocates**
- Fill out the forms yourself

## After Completing the Forms

Take these forms to the **Yurok Tribal Court Clerk** for filing:

- DV100TC
- DV101TC (if used)
- DV109TC
- DV110TC

The judge will review your request. This may take up to **24 business hours**. Ask the clerk when to return.

If the judge **denies** the temporary order, you'll get:

- **DV112TC** – Waiver of Hearing  
→ Fill this out **only** if you don't want a hearing.

## What to Do with Your Copies

- Keep one copy **with you at all times**
- Keep another copy in a **safe place**

- Give copies to places the restrained person is ordered to stay away from (e.g., schools, work)

## Serving the Restrained Person

You must serve:

- Stamped copies of:
  - DV100TC
  - DV101TC (if used)
  - DV109TC
  - DV110TC
- Blank copies of:
  - DV120TC
  - DV250TC

**You cannot serve the papers yourself.**

Ask someone over 18, a process server, or law enforcement. The server **cannot** be a protected person.

## After Serving

- File **DV200TC – Proof of Personal Service** with the Court Clerk
- Make **3 copies** before filing
- Keep a stamped copy with you and bring it to your hearing

## If the Restrained Person Wasn't Served in Time

If they weren't served **at least 5 days before the hearing**, complete:

- **DV115TC** – Request to Continue Hearing
- **DV116TC** – Order on Request to Continue Hearing

File these with the Court Clerk and serve them along with the other forms.

## Your Hearing

- Your hearing date is on the **DV109TC**
- **You must attend** the hearing
- File **DV130TC** before the hearing
- The judge will decide whether to issue a longer restraining order

## Need More Help?

Contact:

- An attorney of your choice
- Yurok Legal Access Center (for legal information only)

YLAC staff **cannot give legal advice**, but they can help with:

- Court procedures
- Paperwork
- Legal definitions
- Referrals